



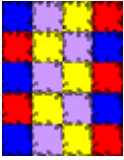





Toddler Station



January 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
					New Year's Day 	Let your toddler beat on pots and pans with a wooden spoon. (Music)
3	4	5	6	7	8	9
Sit outside in the snow and read your child a book about snow. (Literature/ Science)	Show your toddler how to make a snow angle, if you have snow. (Movement)		Make up a rhyme, using words that rhyme with the word "snow". (Language Dev.)	Give your toddler some pie tins and cake pans to make snow pies and cakes. (Pretend)	Make a snowman snack using cottage cheese and pieces of vegetable. (Nutrition)	Make your child a puppet using an old sock. (Language Dev.)
10	11	12	13	14	15	16
Lay a small blanket down on the kitchen floor and give your child a blanket ride. (Coordination)	Spread a blanket on the floor. Pretend it is summer and have a picnic lunch. (Imagination)	Sing "Where Is Blankie?" to the tune of "Where Is Thumpkin?" (Music)		Build a blanket fort, using a card table and blankets. (Construction)	Say the words "in" and "out" when your toddler goes in and out of her blanket fort. (Opposites)	Let your toddler help you decide what to make for dinner tonight. (Decision Making)
17	18	19	20	21	22	23
Practice shaking hands with your toddler. (Manners)	Martin Luther King, Jr. Day 	Go on a hunt in your house looking for white objects. (Color)	Serve white milkshakes. (Snack/Color)	Let your child draw on a piece of dark paper with white chalk. (Color)		Let your toddler tear white paper doilies into pieces and glue them on dark paper. (Art/Color)
24/31	25	26	27	28	29	30
	Let your toddler tear white paper doilies into pieces and glue them on dark paper. (Art/Color)	Draw around different circular lids on paper. Have your child match each lid to its circle. (Shapes)	Encourage your toddler to make a large circle with his arms. (Shapes)	Serve banana (circle) slices for snack. (Snack/Shapes)	Let your toddler help you make up a story about a favorite stuffed animal. (Language)	Do some simple exercises with your child, such as toe touches or jumping jacks. (Movement)