



Toddler Station



February 2016

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|---|--|---|--|
| | 1 | 2 | 3 | 4 | 5 | 6 |
| |  | Ground Hog Day Let your toddler hide in a box and pretend to be a groundhog popping up. (Pretend) | Sing your favorite Groundhog song with your child. (Music) | Use a red marker to draw a heart on paper. Spray water on the heart. (Art) |  | Teach your toddler the rhyme, "Roses Are Red". (Language) |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| Let your child stick red paper scraps onto a piece of self-sticking paper. (Art) |  | Look for red cars with your toddler while you are out driving. (Color Discrimination) | Paint your child's fingernails "red" for the day. (Color) | Let your toddler finger paint with red finger paint on paper. Dry, then cut into a large heart shape. (Art/Shapes) | Offer your toddler healthy food choices of fruits and vegetables every day. (Nutrition) |  |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| Valentine's Day  | Let your child glue pink or red hearts on a large sheet of construction paper to make a placemat. (Art) | Hide paper hearts around the house for your child to find. (Problem Solving) | Let your toddler help you frost some heart cookies. (Cooking) | Cut a heart shape from red poster board. Cut it into 3-4 pieces for a puzzle. (Problem Solving) | Give your toddler some hair "Scrunchies" to use for bracelets. (Dress-Up) | Poke a hole in a piece of paper. Have your child drop crayons through the hole. (Coordination) |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| Point out things that are straight (pencils, rulers) and things that are bent (macaroni, hanger). (Opposites) | Let your child use a flashlight in a dark room. Make designs on the walls. (Science) |  | Search for shadows in your yard to step on. (Science/Problem Solving) | Count body parts; one mouth, two eyes, two ears, etc. (Math/Body Awareness) |  | Sing songs about body parts. (Music) |
| 28 | 29 | | | | | |
| Provide a stool so your toddler can wash his hands often during the day. (Health) | Snuggle on the couch and read a favorite story to your child. (Literature) | | | | | |