

PRESCHOOL DAILY SCHEDULE

Tasha writes,

First of all, I really enjoy your site. I am so grateful for all the wonderful ideas. I opened up a preschool last year and I struggled with the daily schedule. Do you have any ideas for me that work well and would be age appropriate for children ages 3-5.

My classes are two hours long, twice a week. I really appreciate your help. Thanks, a bunch.

Jean replies:

Thank you for your kind words about Preschool Express.

There is no right way to structure a preschool. It really depends on how long you have the children and how often they come, what their ages are and how much help you have. Below is a suggestion for a schedule for a two day a week, two hour preschool.

20 minutes – Art

10 minutes – Clean Up

20 minutes – Circle Time – (include music, movement, story time and felt board activities)

20 minutes – Block Play or Board games one day

Science /Discovery the next day (with water play, cooking, etc.)

10 minute – clean up

20 minute – Snack Time – (include concept learning with snacks; colors, shapes, letters, counting, textures).

20 minutes – Large and small muscle coordination (indoors or outdoors)

Feel free to change things around to fit your needs and the needs of your children.

Hope this helps, Jean Warren, Preschool Express